

***THE MALTA DEPTH PSYCHOLOGICAL ASSOCIATION***

ANNOUNCES

**THE FIRST INTERNATIONAL CONFERENCE  
ON WAKING DREAM THERAPY:**

***REVERIES FROM THE PAST AND STIMULI TO  
THE FUTURE***

***23<sup>rd</sup> -24<sup>th</sup> May, 2014***



**wakingdreamtherapy.org**

**MALTA, EUROPE**

*This conference is being organised by the Malta Depth Psychological Association under the auspices of S.I.S.P.I (Scuola Internazionale con la Procedura Immaginativa) - Address: Via C. Menotti, 11/c IT-20129 Milano, Italy.*

*Website: [www.sispi.eu](http://www.sispi.eu)*



## **Robert Desoille (1890 -1966)**

In 2014, it would be over 90 years since the French Robert Desoille (1890 -1966) discovered the therapeutic potential of the waking dream which he later developed into the psychotherapeutic method of Rêve-éveillé-dirigé (RED) - Directed Waking Dream. Since then his method has continued to evolve and transform in different modalities which continued to emphasize the therapeutic force of the imagination. This 1st International Conference will be dedicated to the theme of ‘Waking Dream Therapy: Reveries from the Past and Stimulus to the Future.’ Like the ancient Roman two-faced God Janus, this conference is aimed to honour Desoille’s legacy in the field of imaginative psychotherapeutic methods. It also aims to investigate the developments of waking dream therapies in our contemporary world. It further offers to throw new light on the history of European psychotherapy, especially in respect of the imaginative therapeutic methods as introduced by Carl Jung, Robert Desoille and Roberto Assagioli. This conference will also highlight the European legacy of applying mental imagery to therapeutic methods of the twentieth century.

Malta is a particularly appropriate site for the Conference. Not only is it a central island in the middle of the Mediterranean Sea but also one of the most picturesque, and friendly islands in Europe. Malta is an island with a rich historical heritage ranging from Neolithic temples to imposing fortifications and palaces built by the Knights of Malta. The supine lady reflected in the logo chosen for the Conference, is actually a figurine called the *Sleeping Lady*, dating from Neolithic times which was found in the underground dreaming chamber at the hypogeum in Hal Saflieni. The figurine reflects our imaginative therapeutic roots where health was deeply connected with the archetypal feminine and the visionary powers of nocturnal as well as waking dreams.

**Mr. Laner Cassar**

**President of the Malta Depth Psychological Association**

**Chair of the Programme Committee**

## **Programme:**

### **1<sup>st</sup> International Conference on Waking Dream Therapy:**

#### *Reveries from the Past & Stimuli to the Future*

**23-24 May, 2014**

**Archbishop's Seminary Tal-Virtu', Rabat, Malta**

**[www.wakingdreamtherapy.org](http://www.wakingdreamtherapy.org)**

### **Friday 23<sup>rd</sup> May, 2013**

0900 – 09.30 Registration

09.30 – 09.40 **Welcome by Rev Jimmy Bonnici** - Rector of the Archbishop's Seminary

09.40 - 09.50 **Welcome by co-chairs of the Programme committee** Mr. Laner Cassar & Dott. Alberto Passerini

#### **Session 1**

**Theme: Waking Dream Therapy in the historical psychotherapeutic context of the twentieth century.**

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09.50 – 10.25 **Keynote Speech:** Dr. Gunther Langwieler (DGAP, Germany)  
Psychiatrist & Jungian Analyst, President of the CG.Jung Society Berlin.

**The Imaginations of Carl Gustav Jung: Sources and Modern Clinical Practices of Active Imagination.**

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10.25 – 11.05 Mr. Laner Cassar (MDPA, Malta)

*Clinical Psychologist & Psychotherapist, President of MDPA*

*& Dott.ssa Sara Zoja (Italy) Clinical Psychologist & Jungian Psychotherapist*

**From Mnemosyne to Clio: Tracing the historical connections between the Jungian and Desoillian psychotherapeutic movements.**

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11.05 – 11.40 Dott. Giovanni Sorge (University of Zurich, Switzerland)

*Historian of Jungian Psychoanalysis, Researcher at the University of Zurich*

**Eliade, Jung and the technique of the Rêve-éveillé-dirigé**

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11.40 – 12.30 Mme. Nicole Fabre (G.I.R.E.P, France)

*Psychoanalyst, ex-President of G.I.R.E.P*

**Robert Desoille – Personal Recollections.**

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12.30 - 13. 45 Lunch Break

**Session 2**

**Theme: Waking Dream Therapy integrating different psychotherapeutic approaches – Humanistic, Psychoanalytic, Existential**

13.45 – 14.25 Dr Hector Anastasia ( SUED, Uruguay)

*Psychiatrist, Psychologist, Psychotherapist, President of SUED*

**Imaginacion Simbolica, Psicoterapia, Psicoactivacion.**

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14.25 – 15.05 Dr Jean Marie Sinety (GIREP, France)

*Psychiatrist, Psychoanalyst, President of G.I.R.E.P*

**Rever pour aller mieux: la poetique de la cure par la procedure imaginative.**

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15.05 - 15.45 Dr. Oleg Paliakow (Institut Français d'Hypnose - Paris, France)

*Psychologist & Psychotherapist, Director of CEREPHE (Centre d'Etude du Rêve Eveillé en Psycho-Hypnothérapie Existentielle, France)*

**Du rêve éveillé dirigé de Desoille au rêve éveillé existentiel.**

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15.45 – 16.15 Coffee Break

**Session 3:**

**Theme: More variants of waking dream therapy: body oriented and transpersonal**

16.15 – 16.50 Dr Philip Grossbois (France)

*Psychologist specialised in Psychotherapy, Institut de Psychologie et Sociologie Appliquées , Université Catholique de L'Ouest.*

**Corps, espace-temps, vécu corporel imaginaire et onirisme de veille en psychothérapie: l'oneirothérapie d'intégration de Virel et Fretigny.**

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16.50 – 17.30 Dr. Gerald Epstein (American Institute for Mental Imagery, U.S.A)

*Psychiatrist, Director of The American Institute for Mental Imagery, New York, Adjunct Professor in Psychiatry at Mount Sinai University and School of Medicine NYC.*

**The Experience of Waking Dream in Psychotherapy.**

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17.30 – 17.45 **Conclusion**

**20.00 Opening of Exhibition on Robert Desoille and Carmelite Mystics** at the Carmelite Priory, Mdina, Old Capital City – By invitation.

**Saturday 24<sup>th</sup> May, 2013**

09.30 – 0940 Welcome

**Session 1**

**Theme: Clinical research in waking dream therapy.**

09.40 – 10.25 Dott. Alberto Passerini (S.I.S.P.I, Italy)

*Psychiatrist and Psychoanalytic Psychotherapist, President of S.I.S.P.I*

**Esperienza Immaginativa: Psicoanalisi, Psicoterapia, Counseling e Pedagogia.  
Applicazioni individuali e di gruppo.**

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10.25 – 11.10 Professor Flavia Valtorta (S.I.S.P.I, Italy)

*Full professor, San Raffaele University School of Medicine and Co-director, Division of Neuroscience of the San Raffaele Scientific Institute, Psychotherapist*

**Imaginative experience: to recall...to transform...to cure.**

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11.10 – 11.50 Dr Joanne Graham-Wilson (I.F.P, France)

*Psychosynthesis Psychotherapist and International Lawyer*

**Psychosynthesis and Guided Imagery in Overcoming Resistance to Change.**

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12.00 – 13.20 Lunch Break

**Session 2**

**Theme: Waking Dreams: Of heights and mystic visions.**

13.20 – 14.05 Ms. Christiane Sullivan (MDPA, Malta)

*Health Psychologist and Psychotherapist (EAP)*

**Jung's 'Desoillan' heights: his 1944 Kabbalistic vision.**

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14.05 – 14.40 Dott.ssa Valeria Chiore (University of Naples, Italy)

*Philosopher, Università degli Studi di Napoli*

**Desoille e Bachelard, verso una topologia della mente.**

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14.40 – 15.25 Fr. Charlo Camilleri (O.Carm, Malta)

*Lecturer at the University of Malta & Director of the Carmelite Institute Malta.*

**Mourning the Loss: Waking dreams and visionary mysticism in Maria Maddalena de' Pazzi (1566-1607). A case study.**

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15.25 – 15.55 Coffee Break

**Session 3**

**Theme: Waking dreams therapy, attachment and the therapeutic relationship.**

15.55 – 16.40 Dr. Jean Marc Henriot (AIRE, France)

*Psychologist & Psychoanalyst, Director of A.I.R.E.*

**Le Transfert négatif en Psychanalyse Rêve Eveillé**

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16.40 – 17.20 Dott.ssa M. B. Biagi (Institute Biagi, Brasil)

*Psychologist & Psychoanalyst, President of Biagi Institute*

**Passengers in transit, malfunction in the preconscious: Enactment and Imaginative Experience.**

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17.20 - 17.45 **Concluding Speech** – Dr Hector Anastasia (President of SUED, Uruguay)

Between 18.00 hrs and 20.00 hrs there will be a **Round Table** for foreign guest speakers to discuss the setting up of the **International Association of Waking Dream Therapy**.

**On Friday 23<sup>rd</sup> May, 2014 there will be the opening of the exhibition on Robert Desoille in dialogue with the Carmelite Mystics at the Carmelite Priory in Mdina.**



### **About the Malta Depth Psychological Association**

**The Malta Depth Psychological Association** was founded on the 26<sup>th</sup> of July, 2007. This group is a non-profit voluntary one.

It aims to acquire both theoretical knowledge and hands-on experience of the theory and methods of analytical psychology as advocated by C. G. Jung and post-Jungian thinkers as well as those of contemporary psychodynamic researchers.

It has organized various events over the last years. Its public programmes have attracted various mental health professionals that have enriched both their thinking and their practise.

## Registration Form

First International Waking Dream Therapy Conference

Friday 23<sup>th</sup> May – Saturday 24<sup>th</sup> May, 2014.

Malta, Europe.

### Personal Information

Name	
Surname	
Address:	
City/Town:	
Postal/Zip code	
Country	
Telephone (include international prefix code)	
E-mail address:	
Profession	
Society/Institute/University	

### Conference Fee:

Includes Coffee/Tea Breaks and attendance certificate

Early Bird Registration – Before 18 <sup>th</sup> January, 2014	50 Euro
Late Registration – After 15 <sup>th</sup> April, 2014	65 Euro

Meal	Price	Indicate if you would like to have lunch
Lunch – Friday 23 <sup>rd</sup> May	15 Euro	Yes /No
Lunch – Saturday 24 <sup>th</sup> May	15 Euro	Yes/No

## Optional Excursions:

### A. Trip to Valletta Capital City

<b>Date</b>	<b>Saturday 24<sup>th</sup> May, 2014 from 13.30hrs till 17.30hrs</b>
<b>Price</b>	<b>5 Euro (for Transport)</b>

### B (ii) St.Paul's Catacombs, Domus Romanus (Roman Villa) and Natural History Museum, Rabat Malta.

<b>Date</b>	<b>Sunday 25<sup>th</sup> May, 2014 from 9.00 till 12.00</b>
<b>Price</b>	<b>15 Euro</b>

### **PAYMENT METHOD for Conference, meals and optional tours of Valletta and St Paul's Catacombs, Domus Romanus and Natural History Museum:**

#### **FOR FOREIGN PARTICIPANTS**

**Total Amount:** \_\_\_\_\_

Sender to Receiver Information: Total Registration fee for (Name of Participant)

Please settle payment by Bank transfer to:

**Account name:** MR LANER CASSAR A/C WAKING DREAM THERAPY CONFERENCE

**Account Number:** 4001908969-0

**Name of Bank:** BANK OF VALLETTA

**Bank Address:** BANK OF VALLETTA, VICTORIA BRANCH, GOZO, MALTA.

**Bank's BIC:** VALLMTMT

**IBAN:** MT98 VALL 2201 3000 0000 4001 9089 690

P.S. All fees including bank charges are to be paid by participant and have to be received not later than a week after online registration.

#### **FOR PARTICIPANTS FROM MALTA ONLY**

Total Amount: \_\_\_\_\_

Please write a cheque to **Waking Dream Therapy Conference** and send with a copy of the registration form to Mr. L. Cassar, Casa Violetta, M. Busuttil Street, Victoria, (VCT2428), Gozo, Malta .

## **Other Useful Information:**

### **Accommodation:**

Low budget accommodation (single and twin rooms with private showers) are available at The Archbishop's Seminary, 90, Tal-Virtu' Road, Rabat RBT 2604 Malta where the conference will be held. **For bookings** and more information on prices contact directly **Ms. Sandra Farrugia** on: [sfarrugia28@gmail.com](mailto:sfarrugia28@gmail.com)

Participants who would like a different but also fairly budget accommodation can also check the following guest house 'Point de Vue Guest House', Saqqajja Square, RBT1191 Rabat ([www.pointdevuemalta.com](http://www.pointdevuemalta.com)) which is about ten minutes by walk from the Archbishop's Seminary.

### **Travel:**

For more information about Malta go to: [www.visitmalta.com](http://www.visitmalta.com)

Malta has only one international airport and the national airline is Air Malta ([www.airmalta.com](http://www.airmalta.com)). A number of low-cost airlines also offer flights to and from Malta. Flight tickets have to be purchased separately and are not included in the costs indicated.

Distance from airport to Rabat, Malta (conference venue) is approximately 30 minutes by car or taxi. Local buses from just outside the Airport can also be taken to arrive to Rabat (about an hour) and then there are only about ten minutes walk to the Archbishop's Seminary (Route No. is X3 and you can visit the company's website on [www.arriva.com.mt](http://www.arriva.com.mt) for more information).

### **Visit Hypogeum**

To visit the Prehistoric temples of the Hal Saflieni *Hypogeum* (a UNESCO World Heritage Site) in Paola, Malta on Sunday 25<sup>th</sup> May, kindly book directly yourself months before, since only ten visitors can go in at a time: <https://booking.heritagemalta.org/>□

**If you have any questions kindly email on [lanercassar@gmail.com](mailto:lanercassar@gmail.com)**















